**February 2021**

**Monthly Newsletter**

Happiness and Love

The heart chakra is known to be the love center of the body. The love for family, friends, and pets comes from the heart chakra. Love for material items comes from the Solar Plexus chakra.

No one can truly love you, if you don’t love yourself. The one you look at in the mirror, is the one that takes top priority in your life.

You can not be there for others such as your significant other, kids, and other family members., if you don’t love yourself and take care of yourself.

On February 14th, it is valentine’s day. People and society views this as the most romantic day of the year. Love is not about flowers and cards, or gifts, it is meant to be for everyone to take time to see your loved ones and to show them how much they mean to you and to show how much you love each other.

 Love is more than an emotion. It is trust, compassion, empathy, and with love we can find compassion.

Regina’s 7 Pillars has merged with Heavenly Hands Wellness

Dear friends: let us love one another, for love comes from within. Whoever does not love does not know peace and happiness.

Peacock Ore

Love is in the air and at Regina’s 7 Pillars. Peacock ore is available. This is a beautiful stone mixed with brilliant colors. It is the stone of joy and happiness, to help one recognize joy and to appreciate the happiness the Peacock ore can bring you.

This world is a great place and peacock ore assists in believing in happiness and joy.

Unlike black tourmaline, which directs evil and negativity away from you, peacock ore brings the positive forces to you.

Peacock ore is also known as Bornite and many times in matrix with pyrite. Peacock ore is also excellent for your chakras. It aligns, cleanses, and balances all. Chakras.

Enjoy the beautiful crystal in your home.is also excellent for your chakras. It aligns,

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Spring is ready to be sprung and we at Regina’s 7 Pillars are gearing up our monthly séance, classes, and expanding our readings and healing.

**February Special Only**

**Lynda – 15-minute Indian Head massage for $30.00 – receive a free 15 minute read with Lynda – a $30.00 value.**

**Regina 7 Pillars –Free gift with a purchase of product for $15.00 or more.**

**Remember – February 14th**

**Give a “heart” from Mother Earth to you special someone. The gift that lasts forever!**